



## NEW MANYUNK LOCATION!!!

Philly Fire's Motivated Fitness is excited to offer our new Manyunk location for Local 22 Health Plan Members!!!!

**STARTS - December 1, 2018**

**Fire for Effect Athletics**, located @ 123 Leverington Ave. In Manyunk.

**Boot Camps:** Monday thru Friday 0815am & 11am

**Cost:** Free for all Local 22 Health Plan Members

**Personal Training:** Appointment Only with a Motivated Fitness Trainer, Monday thru Friday 1-4pm. Call to set up a session with one of our certified Peer Fitness Trainers.

**Fire for Effect** also offers a free **Veteran Dedicated Workout** every Thursday Night at 630pm!!!



**Fire for Effect Athletics** is a **Veteran Owned** Fitness Business! Jim Taulbee is a Motivator with a great outlook on Wellness and Health. He and his trainers' genuinely care about the community and have built an inspiring business geared around a true passion for fitness. Local 22's Health Plan is proud to offer this experience to our health plan members.

Questions:

[www.pfmfitness.com](http://www.pfmfitness.com)

John Stankiewicz 215 833 9675

