



NEW MANYUNK LOCATION!!!

Philly Fire's Motivated Fitness is excited to offer our new Manyunk location for Local 22 Health Plan Members!!!!

STARTS - December 1, 2018

Fire for Effect Athletics, located @ 123 Leverington Ave. In Manyunk.

Boot Camps: Monday thru Friday 0815am & 11am

Cost: Free for all Local 22 Health Plan Members

Personal Training: Appointment Only with a Motivated Fitness Trainer, Monday thru Friday 1-4pm. Call for to set up a session with one of our certified Peer Fitness Trainers.

Fire for Effect also offers a free **Veteran Dedicated Workout** every Thursday Night at 630pm!!!



Fire for Effect Athletics is a **Veteran Owned** Fitness Business! Jim Taulbee is a Motivator with a great outlook on Wellness and Health. He and his trainers' genuinely care about the community and have built an inspiring business geared around a true passion for fitness. Local 22's Health Plan is proud to offer this experience to our health plan members.

Questions:

www.pfmfitness.com

John Stankiewicz 215 833 9675

